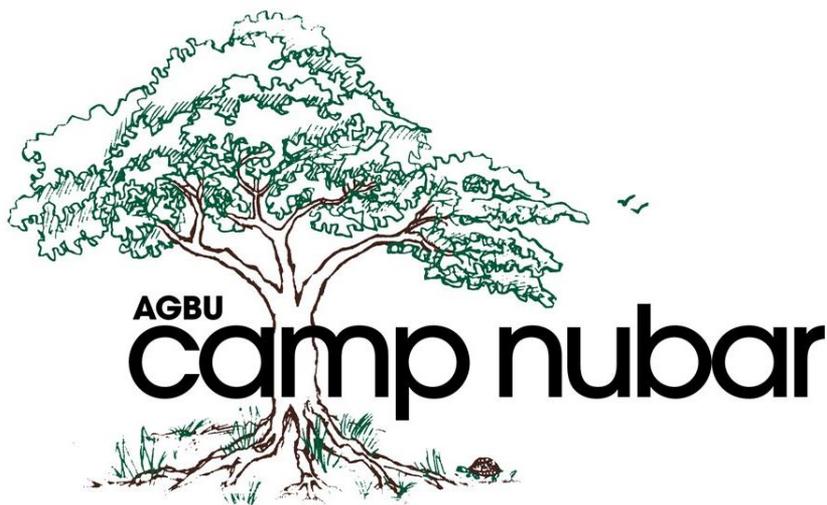


PARENT HANDBOOK



**where summers
last a lifetime**

www.campnubar.org

Year-Round Contact:
55 East 59th Street
New York, NY 10022
212.319.6383

Summer Contact:
5939 Fall Clove Road
Delancey, NY 13752
845.676.3101

Email: campnubar@agbu.org
Fax: 866.854.8074

 facebook.com/agbucampnubar

 [@campnubar](https://instagram.com/campnubar)

CAMP NUBAR

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FIND OUT MORE ONLINE AT WWW.CAMPNUBAR.ORG

WELCOME TO CAMP NUBAR!

Dear Parent,

This handbook will provide all the information you need to prepare for your child's summer with us at AGBU Camp Nubar. Your first step is to fill out the Camper Application Form and apply online to reserve a spot in your preferred session(s).

As a reminder, food is **not permitted** to be brought into Camp for primarily safety as well as sanitary reasons, and therefore parents and friends should refrain from sending packages containing any type of food or gum. We take safety very seriously at Camp and no snack is worth putting the welfare of a camper at risk.

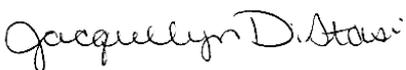
CELL PHONE POLICY

Camp Nubar is a great place for kids to unplug! To ensure campers' focus is on activities and each other, cell phones are prohibited at Camp, and therefore should not be packed. Any camper who needs a cell phone for traveling purposes will turn in their cell phone to the Director, who will keep it in the camp safe until the camper's departure.

We look forward to another season of fun, learning and friendship, while providing an engaging, enriching experience for our campers. The members of the Camp Nubar Committee and our year-round staff have been hard at work to ensure another safe and memorable summer. We are proud to present a well-rounded staff who are eager to welcome campers to our wonderful home away from home.

To ensure safety and health protocols there will be no Open House or Visiting Days this summer.

Many thanks,



Jacquelyn DiStasi
Committee Chair
AGBU Camp Nubar

OUR GOALS

As part of the AGBU, our goal is to develop an interest in and knowledge of Armenian culture, history and language in our campers and staff. Our environment nurtures the development of a positive self-image, spiritual awareness, friendships, a sense of belonging, individual creativity, leadership potential and a sense of responsibility not only to one's self but to fellow man. On our beautiful grounds surrounded by the majestic Catskill Mountains, we strive to offer an atmosphere of fun and fellowship while helping to improve fitness and overall well-being.

FORMS

The following forms may be found on the parent portal on our website.

All forms must be completed and submitted by June 1st to avoid a \$100 late application fee.

CAMPER APPLICATION

The Camper Application must be completed in full.

You must attach a photocopy of your child's insurance card and your insurance prescription plan to the application.

HEALTH FORMS

In order to attend Camp, all children must have a physical examination by a licensed physician within 12 months of their arrival at Camp that includes a health history and a record of immunizations. The form **must be signed by your licensed physician**. It is important that you and your physician provide complete information regarding any physical, mental, emotional or psychological condition or recent illness that may require our attention while your child is at Camp. These forms and the information contained in them are kept in strict confidence by the Camp administration.

CAMPER CODE OF CONDUCT

Please review the enclosed Camper Code of Conduct with your child and have him/her sign this document. Camp should be fun for everyone and these guidelines will help ensure camper safety.

FEES

All payments and final balances, including canteen monies, must be received by AGBU Camp Nubar in advance. All payments must be received prior to June 1st.

A \$100 late registration fee will be applied to any application or payments received after June 1st.

TUITION

The complete list of tuition prices is available on our website.

DISCOUNTS

There will be no discounts offered this summer.

CANTEEN

Camp Nubar operates a small camp store known as the “Canteen” where campers may buy beverages and snacks in limited quantities at designated times. The Canteen also sells Camp Nubar clothing, stamps, batteries, toiletries and stationery items. We suggest that each camper be given \$60 per two-week session as “Canteen money” (more or less at your discretion). The Camp office will keep track of the money your child spends, and any unused portion will, at your election, either be returned to you at the end of the Camp season, or will be donated to the Camp Nubar Building Improvement Fund.

All canteen payments should be made before your child arrives at Camp.

TRANSPORTATION BY PARENT

DRIVING TO CAMP

In an effort to follow COVID-19 safety guidelines, our transportation options for 2022 have changed. All campers must arrive by car. There will be no bus or airport pick up transportation options.

Camper arrival & departure times will be assigned to families in advance of the camp start date. Families will drop off campers on the soccer field and are not allowed past the front gate. Campers will enter camp with designated counselors. Please prepare your camper accordingly.

Bunks & cubbies will be pre-assigned prior to camper arrival (campers will receive assistance getting settled as needed) - bedding should be packed separately so it can be unpacked promptly. Your cooperation with this schedule is very important and appreciated.

Any campers travelling from out of region must comply with NYS quarantine rules in effect at the time.

Note: all campers must have 2 emergency contacts present within driving distance of camp throughout the duration of camp. We will not be able to transport campers this summer.

COVID – 19 PROCEDURES

TBD

KEEPING IN TOUCH WITH YOUR CAMPER

We encourage parents and friends to keep up with campers by checking our website (<https://campnubar.org/MyNubar/iPhotoLogin.php>) and creating a login for daily pictures which are usually posted each evening or the morning after, as well as keeping up with our social media accounts on Facebook and Instagram.

MAIL

A letter with pictures from home or a postcard is worth more than a phone call. Campers love to receive mail and are encouraged to write home often. Pack pre-addressed and stamped postcards and pens for your child.

Address letters to your camper as follows:

(Your Child's Name)
AGBU Camp Nubar
5939 Fall Clove Road
Delancey, NY 13752

EMAIL

All campers are given computer access once per week to receive and send emails. Campers will be able to access their **personal email accounts** during these email sessions. You may obtain a free email account from various email providers.

When you do write or email your child, ask them what they are doing and tell them what you are doing. Refrain from statements like "I miss you so much" or "I can't wait for you to come home". As well-meant as they are, these statements can cause a camper to become homesick.

TELEPHONE POLICY

The two phone lines at Camp Nubar must be kept open for emergency and office use only. **Please do not call your child except in the case of an emergency.** In addition, we believe that telephone calls often intensify feelings of homesickness and disrupt campers' schedules.

Again, cell phones are not permitted at Camp, as stated on page 3 of this handbook.

VISITING CAMP NUBAR

There will be no Open House or Visiting Days this summer

HEALTH AND SAFETY

CAMPER MEDICAL CARE

Every precaution is taken to assure the health and safety of our campers. The Camp Nurse and American Red Cross Certified First Aid responders are available 24 hours a day to attend to your child. Our modern infirmary is well-stocked with all the health, safety and first-aid needs of the campers. The closest hospital is 12 miles away and in the unlikely event that your child requires transportation to the hospital or immediate medical care, you will be notified as soon as possible. We will contact you within 24 hours of any illness or serious injury that requires an overnight stay in the infirmary.

All campers will be screened for lice upon arrival at camp. If a camper is found to have lice or nits, they will be treated in accordance with the procedures outlined in our health forms.

All camper medications (prescription and over-the-counter) must be given to the Camp Nurse upon check-in at Camp. **Please make sure to pack your child's medication somewhere easily accessible.** Medicine will be kept in the infirmary and administered only by the Camp Nurse. No medication of **any kind** should be left with the campers or their counselors. Prescription medication must be in closed containers labeled with the camper's name, medicine identification, dosage and prescribing physician's contact information. We recommend that you fill all prescriptions in full prior to arriving at camp to ensure there is an adequate supply for your child's stay. Over-the-counter medicines must be in original manufacturer's container with the label intact.

SAFETY

Our top priority remains providing safe surroundings within the context of an active summer camp. Safety rules are reviewed at length with all campers upon arrival and throughout their stay. The camp is checked annually by state inspectors and maintained throughout the year by our caretaker. Buildings are furnished with smoke detectors and fire extinguishers, and fire drills are held regularly throughout the summer.

Furthermore, Camp Nubar is the only Armenian summer camp to be accredited by the American Camp Association (ACA), a national organization that identifies camps which offer a solid foundation of health, safety and program quality. The ACA standards program is the result of collaboration and review by experts from many fields, including child development, aquatics, risk management and health care professionals, to name a few. Accreditation is a distinction that only one in every four camps seeks and earns. To earn accreditation, Camp Nubar complies with up to 300 health safety and quality standards, and the ACA has reviewed every facet of our operation.

CAMPER DIET AND ALLERGIES

Camp Nubar can accommodate some dietary restrictions and food allergies. However, it is imperative that you indicate any such condition on your child's health form. In addition, please include a letter from your child's physician detailing the dietary restriction or allergy and the proper dietary protocol. Please note that we cannot accommodate any conditions unless we have advance notice.

STAFF & SUPERVISION

OUR STAFF

Camp Nubar counselors have been selected based on their background, experience, and training. They have completed a comprehensive training session on safety and activities procedures as well as counseling and sensitivity training to fully understand how to care for the welfare of campers. Most of our staff members are certified in First Aid and CPR.

Our staff consists primarily of Senior Counselors (ages 18+) and Junior Counselors (ages 17), many of whom have evolved from campers and counselors-in-training.

SUPERVISION

Campers are under the constant care of our staff. Camp Nubar adheres to New York State Law, which requires 24-hour supervision by a senior counselor in cabins and all activities. In addition, our Director, Assistant Director, Waterfront Director, Boys' Head Counselor and Girls' Head Counselor all oversee the ongoing operations of Camp. Our waterfront program is managed by a certified Water Safety Instructor and certified lifeguards who are on duty at the lake during all waterfront activities.

We maintain a 3:1 camper-to-counselor ratio throughout the summer. Campers are never left unattended.

ACTIVITIES

Camp Nubar offers a wide range of daily activities for our campers under the supervision and instruction of our staff. All cabins will act as single cohort for daily activities (campers will not independently select their own activities). Campers will be assigned a schedule with their cabins upon arrival. All activities with shared equipment will be sanitized between classes. They participate in 4 different activities a day, and each activity meets every other day. In addition, campers may explore a new activity during our elective period each afternoon. The entire camp participates in daily recreational swim and special evening activities. Evening Activities will take place outdoors or in the Pavilion as much as possible. Participation in instructional swimming and Armenian class is mandatory.

Below are the activities that will be offered this season including:

Archery	Canoeing*	Tennis
Armenian Dance	Field Events	Armenian History
Ceramics	Sailing*	Performing Arts
Armenian Language	Camping	Hiking
Photography	Hiking	Tubing*
Swimming	Rowing	Waterskiing*
Arts & Crafts	Fishing	Basketball
Sports	Horseback Riding	

**For advanced swimmers only.*

ARMENIAN TRADITION

We embrace our Armenian heritage in all our daily activities at Camp Nubar. Campers and counselors are regularly educated in history and current events, language and culture through fun and unique ways. Campers are encouraged to explore their Armenian identity through class, camp-wide events, daily prayer and weekly church services.

Camp Nubar is proud to welcome visiting clergy throughout the summer to preside over our weekly church services. Campers and counselors participate together in the Divine Liturgy and benefit from the weekly reflection.

PACKING LIST

Please note that camper laundry is done once a week by a staff member. All belongings must be labeled appropriately.

**Campers will be provided with disposable masks*

CLOTHING

Warm jacket (i.e. fleece) (1)	Underpants/shirts (10)
Raincoat or Poncho (1)	Sweatpants (2-3)
Sweater/Sweatshirt (3-4)	Socks (10)
Dresses/Skirts – girls (2)	Belt
Slacks – boys (1)	Pajamas (4)
Jeans (3)	Sneakers (2)
Long sleeve shirts (5)	Flip-flops (or slip-on shoes) (2)
Dress shirt or blouse (1)	Waterproof/Hiking boots (1)
Shorts (7)	Dress shoes (1)
T-Shirts (7)	Hard-soled boots with heel (for horseback riding) (1)

OTHER NECESSITIES

Sleeping bag	Hair accessories
Pillow	Toothbrush & toothpaste
Pillowcase (2)	Soap
Flat, twin bed sheet (1)	Shampoo
Laundry Bag	Sunscreen
Flashlight and batteries	Nail clippers
Bath towels (3)	Pens/pencils
Swim towels (3)	Stationery and stamps
Face/hand towels (3)	Pre-addressed postcards

OPTIONAL ITEMS

Trunk or footlocker	Tennis racket
Tissues	Baseball glove
Q-tips	Fishing tackle
Deodorant	Musical instrument
Bug repellent	Inexpensive/disposable camera
Shower caddy	iPods (permitted during designated times)
Books	

DO NOT BRING

Cell phones	Food or gum
Laptops, tablets	Fireworks, sparklers or firecrackers
Weapons of any kind (including B-B guns, sheathed/pocket knives)	

**All prohibited items will be confiscated.*

Note: While Camp operates a "lost and found", we are not responsible for items lost during the summer.

SUMMER CALENDAR

Counselor Application Deadline: March 15th, 2022
Pre-Camp: June 26th, 2022
Session 1: July 2nd-July 16th
Session 2: July 16th-July 30th
Session 3: July 30th-August 13th
Post Camp Ends: August 15th, 2022

**THERE WILL BE NO OPEN HOUSE
OR VISITING DAY THIS SUMMER**

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