PARENT HANDBOOK



Year-Round Contact: 55 East 59th Street New York, NY 10022 (212) 319-6383 Summer Contact: 5939 Fall Clove Road Delancey, NY 13752 (845) 676-3101

Fax: (866) 854-8074

email: CampNubar@agbu.org

Session Dates for this summer are available on our website

<u>www.CampNubar.org</u>



Welcome to Camp Nubar!

Dear Parent,

This handbook will provide all the information you need to prepare for your child's summer with us at AGBU Camp Nubar.

As a reminder, food is not permitted to be brought into Camp for primarily safety as well as sanitary reasons, and therefore parents and friends should refrain from sending packages containing any type of food or gum. We take safety very seriously at Camp and no snack is worth putting the welfare of a camper at risk.

CELL PHONE POLICY

To ensure campers' focus is on activities and each other, cell phones are prohibited at Camp, and therefore should not be packed. Any camper who needs a cell phone for traveling purposes (i.e. traveling by plane or bus) will turn in their cell phone to the Director, who will keep it in the camp safe until the camper's departure.

We look forward to another season of fun, learning and friendship, while providing an engaging, enriching experience for our campers. The members of the Camp Nubar Committee and our year-round staff have been hard at work to ensure another safe and memorable summer. We are proud to present a well-rounded staff who are eager to welcome campers to our wonderful home away from home.

We would like to invite you and your family to join us for a visit at Camp Nubar this summer for our Annual Open House.

Many thanks,

Jacquelyn DiStasi

Committee Chair AGBU Camp Nubar

FORMS

The following forms may be found in your parent portal account on our website.

CAMPER APPLICATION

The Camper Enrollment information must be completed in full. This information supplied will help us make your child's stay at Camp Nubar as comfortable, enjoyable and safe as possible. All information is held by Camp Nubar in confidence.

HEALTH FORMS

In order to attend Camp, all children must have a physical examination by a licensed physician within 12 months of their arrival at Camp that includes a health history and a record of immunizations. The Physician Form must be <u>signed by your licensed physician</u>. Parents must complete the Health Form online in the Parent Portal. It is important that you and your physician provide complete information regarding any physical, mental, emotional, or psychological condition or recent illness that may require our attention while your child is at Camp. These forms and the information contained in them are kept in strict confidence by the Camp administration.

You must upload a photocopy of your child's insurance card and your insurance prescription plan in the parent portal.

CAMPER CODE OF CONDUCT

Please review the Camper Code of Conduct with your child and have him/her e-sign this document in your parent portal. Camp should be fun for everyone, and these guidelines will help ensure camper safety.

TUITION & FEES

All payments and final balances, including horseback riding and transportation fees must be received by AGBU Camp Nubar prior to June 1st.

A \$100 late registration fee will be applied to any application or payments received after June 1st. The complete list of tuition prices is available on our website.

HORSEBACK RIDING FEE

We offer horseback riding classes for an additional cost of \$250 per camper, per session.

TRANSPORTATION FEE

Transportation by bus is provided at an additional fee.

Bus to Camp from Tenafly\$125 (2nd & 3rd Sessions Only)Bus from Camp to Tenafly\$125 (All Sessions)

CANTEEN

Camp Nubar operates a small camp store called "Canteen". A \$40 non-refundable fee will be added per camper, per session to cover snacks and beverages. Each cabin will receive Canteen regularly. The Canteen also provides stamps, batteries, toiletries and stationery items. Camp Nubar merchandise may be purchased on each changeover day and on Open House.

TRANSPORTATION

TRANSPORTATION BY PARENT - DRIVING TO CAMP

Parents who are driving their children to Camp should arrive at their scheduled arrival appointment time that will be provided by email in the weeks before your session begins. To ensure the safety of our staff and campers, please follow the directions of the staff directing traffic and obey all posted signs.

Children who are leaving should be picked up from Camp between 10am and 12pm. This will help us prepare the cabins for our incoming campers. Your cooperation with this schedule is very important and appreciated.

Directions to Camp Nubar can be found on our website.

TRANSPORTATION BY CAMP

Camp Nubar provides bus transportation to Camp for 2nd and 3rd Sessions and home from Camp at the end of each session for an additional fee. The bus pick up/drop off location is at:

St. Thomas Armenian Church 174 Essex Dr. Tenafly, NJ 07670

Camp Nubar Committee members and Staff will be present in Tenafly to coordinate the bus arrival and departure. To ensure the safety of our staff and campers, please follow the directions of the staff directing traffic. An email will be sent prior to the session start to confirm the camper's enrollment on the bus, timing and to notify you of the name and contact for the committee member(s) meeting the bus.

All campers, including campers who take the bus to/from Camp, will be limited to bringing 1 trunk, 1 duffle bag or small suitcase and 1 small personal bag of belongings. Please clearly label your child's luggage.

Payment must be made no later than two weeks prior to camper's arrival.

KEEPING IN TOUCH WITH YOUR CAMPER

We encourage parents and friends to keep up with campers by checking our photo gallery for daily pictures, as well as keeping up with our social media accounts on Facebook and Instagram.

MAIL

A letter with pictures from home or a postcard is worth more than a phone call. Campers love to receive mail and are encouraged to write home often. Pack pre-addressed and stamped stationery, postcards and pens for your child. Address letters and packages to your camper as follows:

(Your Child's Name) AGBU Camp Nubar 5939 Fall Clove Road Delancey, NY 13752

Please remember, due to camper safety and sanitary requirements <u>do not send any food, beverages,</u> <u>candy or gum.</u> Any such items will be confiscated and not returned.

When you do write your child, ask them what they are doing and tell them what you are doing. Refrain from statements like "I miss you so much" or "I can't wait for you to come home". As well-meant as they are, these statements can cause a camper to become homesick.

BUNK1 "EMAIL"

Camp Nubar has partnered with Bunk1 to help you keep in touch with your camper and provide access to our photo gallery. Please check our website for more information on Bunk1.

TELEPHONE POLICY

The two phone lines at Camp Nubar must be kept open for emergency and office use only. *Please do not call camp except in the case of an emergency.* Telephone calls often intensify feelings of homesickness and disrupt campers' schedules.

Please remember that cell phones are not permitted at Camp.

VISITING CAMP NUBAR

Parents are welcome to visit on Open House. Visits on other days are disruptive to the Camp schedule and are not allowed.

Please be advised that for the sake of our campers' health, and to preserve our beautiful grounds, there is No Smoking anywhere on the Camp grounds.

Dogs and other pets are not permitted per New York State Department of Health regulations and will not be allowed anywhere on the premises.

HEALTH & SAFETY

CAMPER MEDICAL CARE

Every precaution is taken to assure the health and safety of our campers. The Camp Nurse and American Red Cross Certified First Aid responders are available 24 hours a day to attend to your child. Our modern infirmary is well-stocked with all the health, safety and first-aid needs of the campers. The closest hospital is 12 miles away and in the unlikely event that your child requires transportation to the hospital or immediate medical care, you will be notified as soon as possible. We will contact you within 24 hours of any illness or serious injury that requires an overnight stay in the infirmary.

All camper medications (prescription and over-the-counter) must be given to the Camp Nurse upon check-in at Camp. <u>Please make sure to pack your child's medication somewhere easily accessible</u>. Medicine will be kept in the infirmary and administered only by the Camp Nurse. No medication of any kind should be left with the campers or their counselors. Prescription medication must be in closed containers labeled with the camper's name, medicine identification, dosage and prescribing physician's contact information. We recommend that you fill all prescriptions in full prior to arriving at camp to ensure there is an adequate supply for your child's stay. Over-the-counter medicines must be in original manufacturer's container with the label intact.

You are responsible for the payment of any doctor or hospital fees and/or the cost of any medicine incurred by your child.

Should your camper test positive for COVID-19 during his/her stay at camp, we will contact you or your emergency contact to inform you. Your child will be placed in quarantine and will have to be picked up within 24-hours with no exceptions. Campers will be allowed back to camp after 5 days, provided he/she is symptom-free.

SAFETY

Our top priority remains providing safe surroundings within the context of an active summer camp. Safety rules are reviewed at length with all campers upon arrival and throughout their stay. The camp is checked annually by state inspectors and maintained throughout the year by our caretaker. Buildings are furnished with smoke detectors and fire extinguishers, and fire drills are held regularly.

Furthermore, Camp Nubar is the only Armenian summer camp to be accredited by the American Camp Association (ACA), a national organization that identifies camps which offer a solid foundation of health, safety and program quality. The ACA standards program is the result of collaboration and review by experts from many fields, including child development, aquatics, risk management and health care professionals, to name a few. Accreditation is a distinction that only one in every four camps seeks and earns. To earn accreditation, Camp Nubar complies with up to 300 health safety and quality standards, and the ACA has reviewed every facet of our operation.

SUPERVISION

Campers are under the constant care of our staff. Camp Nubar adheres to New York State Law, which requires 24-hour supervision by a senior counselor in cabins and all activities. In addition, our Director, Assistant Director, Waterfront Director, Boys' Head Counselor and Girls' Head Counselor all oversee the ongoing operations of Camp. Our waterfront program is managed by a certified Water Safety Instructor and certified lifeguards who are on duty at the lake during all waterfront activities.

We maintain a 6:1 camper-to-counselor ratio throughout the summer. Campers are never left unattended.

Camp Nubar counselors have been selected based on their background, experience, and training. They have completed a comprehensive training session on safety and activities procedures as well as counseling and sensitivity training to fully understand how to care for our campers. Most of our staff members are certified in First Aid and CPR.

Our staff consists primarily of Senior Counselors (ages 18+) and Junior Counselors (ages 17), many of whom have evolved from campers and counselors-in-training. We also employ international counselors through Camp America, an organization dedicated to providing camps with highly qualified staff from countries around the world. These staff members provide campers with exposure to a variety of cultures and a fresh and unique perspective on the world around us.

ACTIVITIES

Camp Nubar offers a wide range of daily activities for our campers under the supervision and instruction of our staff. Campers prepare their daily schedule and choose their activities. They participate in 4 different activities a day, and each activity meets every other day. In addition, campers may explore a new activity during our elective period each afternoon. The entire camp participates in daily recreational swim and special evening activities. Participation in instructional swimming and Armenian class is mandatory. Campers may choose from a variety of activities this season including:

Archery	Canoe
Armenian Dance	Arme
Ceramics	Sailin
Camping	Hiking
Photography	Swimi
Rowing	Wate
Horseback Riding**	Sports
*For advanced swimmers only.	**Ado

Canoeing* Armenian History Sailing* Hiking Swimming Waterskiing* Sports **Additional fee required. Tennis Armenian Language Performing Arts Arts & Crafts Tubing* Fishing Basketball

ARMENIAN TRADITION

We embrace our Armenian heritage in all our daily activities at Camp Nubar. Campers and counselors are regularly educated in history and current events, language and culture through fun and unique ways. Campers are encouraged to explore their Armenian identity through class, camp-wide events, daily prayer, and Church services.

Camp Nubar is proud to welcome visiting clergy throughout the summer to preside over our Church services. Campers and counselors participate together in the Divine Liturgy and benefit from the weekly reflection.

PACKING LIST

Please visit our website for a comprehensive packing list. Camp Nubar's activities are all equipped with the equipment needed for your child to participate in the activity. If your child wishes to bring their own sport equipment or musical instrument, please be sure to label them properly. Please note that camper laundry is done once a week by a staff member. Campers are limited to bringing 1 trunk, 1 duffle bag or small suitcase and 1 small personal bag of belongings. Please clearly label your child's luggage. All belongings must be labeled appropriately.

DO NOT BRING

Food or gum Cell phones Tablets or gaming Devices Laptops Weapons of any kind (including B-B guns sheathed/pocket knives) Weights / Dumbbells Scooters/Bikes or other Vehicles

Fireworks, sparklers or firecrackers Pets and Animals

All prohibited items will be confiscated.

Note: While Camp operates a "lost and found", we are not responsible for items lost during the summer.